



SATURDAY, April 7

8:30am –Weekend Wake Up* Jen**

8:30am— Weekend Cycle * Beth**

9:30am— Les Mills Body Pump* Jen**

9:30am-TRX CORE class* Beth**

9:30am– Mind Body* Karen Mc.G**

10:30am-Special Athletes* Lisa C**

SATURDAY, April 14

8:30am –Weekend Wake Up* Jen**

8:30am— Weekend Cycle * Sam**

9:30am— Les Mills Body Pump* Jen**

9:30am-TRX CORE class* Lisa**

9:30am– Mind Body* Sheila**

10:30am-Special Athletes* Lisa C**

SATURDAY, April 21

Health Fair!

SATURDAY, April 28

8:30am –Weekend Wake Up* Jen**

8:30am— Weekend Cycle * Sam**

9:30am— Les Mills Body Pump* Jen**

9:30am-TRX CORE class* Lisa**

9:30am– Mind Body* Kendall**

10:30am-Special Athletes* Lisa C**