

Baked Apple Oatmeal



Ingredients:

- 1 med cooking apple, cored and chopped
- ½ cup old-fashioned rolled oats
- 2 Tbsp. raisins
- ½ tsp cinnamon
- 1 cup water

Directions:

1. Preheat oven to 350° F
2. Combine the apple, oats, raisins, cinnamon, salt and water in a small baking dish and stir well.
3. Bake uncovered, stirring once or twice, for 15 to 20 minutes, or until the mixture becomes thick and the apple pieces are fork-tender.