



*Lemony Shredded*  
**BRUSSELS SPROUTS**

**Directions**

1. In a large nonstick skillet, heat oil over medium-high, add brussels sprouts and 2 tablespoons water; season with salt and pepper. Cook, stirring occasionally, until crisp-tender, 8 to 10 minutes. Remove from heat, and stir in lemon juice.

**Ingredients:**

2 tablespoons olive oil  
2 pounds brussels sprouts,  
trimmed and shredded with  
a knife or food processor  
Coarse salt and ground pepper  
2 tablespoons fresh lemon juice

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Source: marthastewart.com

<http://www.marthastewart.com/340898/lemony-shredded-brussels-sprouts>