

## Gluten-free Chopped Greek Salad



### **Ingredients:**

- 1 hothouse cucumber
- 4-5 roma tomatoes
- 1 large red bell pepper
- 1 small red onion
- 15oz can garbanzo beans, rinsed and drained
- *Optional: olives, feta cheese, pepperoncini*

### For the dressing

- 3 tbsp red wine vinegar
- 2 tbsp olive oil
- 2 tsp dried oregano
- ¼ tsp salt

### **Directions:**

- Make the dressing: in a small bowl, combine all ingredients and whisk to combine. Set aside.
- Dice the cucumber, onion, bell pepper and tomatoes (removing any excess liquid from tomatoes).
- Put vegetables and garbanzo beans in a large bowl.
- Add dressing and toss to combine.
- Can eat immediately or refrigerate for at least an hour to let flavors combine. Some dressing will settle on the bottom, so stir before serving.

### **Notes:**

- Recipe from "The Garden Grazer"  
<http://www.thegardengrazer.com/2014/04/ultimate-greek-chopped-salad.html?showComment=1401027833304&m=1#c4721069182962316090>