

Green Chili and Cheddar Quesadillas

Ingredients:

4 whole wheat tortillas

½ cup sharp cheddar, grated

½ cup green chilies, canned or fresh, chopped

1 tbsp fresh cilantro, chopped

Directions:

1. Spread ¼ cup of green chilies evenly over one tortilla. Sprinkle ¼ cup of cheese over the chilies, then top with half the cilantro. Place another tortilla on top of each prepared tortilla to form a quesadilla. Repeat!
2. Place a large, non-stick pan on medium heat. Once it's hot, add a quesadilla and toast for about 1 minute. Flip it over and brown the second side, then do the same for the other quesadilla. Slice into triangles and enjoy with some fresh salsa and sour cream.