

Taco Salad



Ingredients:

4 cups lettuce, chopped

1 cup beans, pulled pork, or ground beef

2 small tomatoes, chopped

½ cup corn, canned or fresh

2-3 scallions, finely chopped

1 cup tortilla chips, roughly crushed sharp cheddar or queso fresco, for sprinkling

Dressing:

¼ cup sour cream or yogurt juice of one lime salt and pepper

Directions:

1. Mix up the dressing and taste it. Adjust the salt, pepper, and lime to your liking.
2. Mix the other ingredients in a large bowl. Pour the dressing over just before serving and toss to coat the salad evenly. Eat immediately, maybe with a few extra tortilla chips on the side.